



# BASILICA OF THE CO-CATHEDRAL OF THE SACRED HEART

Pilgrimage Site for: Diocesan Shrine of Santo Niño  
“Annunciation” and “Tree of Life” Meditation Gardens



## 3rd Sunday of Lent-March 12th, 2023

Pastor: Most Rev. Mark E. Brennan  
Bishop of the Diocese of Wheeling-Charleston

Rector: Very Rev. Donald X. Higgs, VF Email: [dhiggs@dwc.org](mailto:dhiggs@dwc.org)

Associate Rector: Sede Vacante

In Residence: Msgr. P. Edward Sadie, P.A., S.T.L.

1114 Virginia St., East, Charleston, WV 25301, Telephone: (304) 342-8175/Fax: (304) 344-3907

E-Mail: [sacredheartwv@gmail.com](mailto:sacredheartwv@gmail.com) - Website: [www.sacredheartcocathedral.com](http://www.sacredheartcocathedral.com)



### MASS SCHEDULE

Saturday Vigil 5:30 PM

Sunday 8:00 AM, 10:30 AM & 5:00 PM

Monday & Friday 8:15 am

Tuesday No Mass

Wednesday & Thursday 12:00 Noon

Mass from the Basilica is live streamed on our  
Facebook & YouTube page, Sundays at 10:30 AM

Mass from the Diocese is being live-streamed at 6 p.m. on  
Saturday, where it remains online. The link is  
<https://dwc.org/home/mass/>

Listen to EWTN on WLUX 1450 AM

Dunbar|Charleston

<https://www.ewtn.com/radio/schedule>

### SACRAMENT OF RECONCILIATION

Saturday's 4:00-5:00 PM or by appointment.  
304-342-8175

### EUCCHARISTIC ADORATION

Saturday's 4:00-5:00 PM.



## PARISH MISSION STATEMENT

“We, at the Basilica of the Co-Cathedral of the Sacred Heart of the Diocese of Wheeling-Charleston, are a diverse community of the poor, the disadvantaged and hungry, the well-to-do, the youth, elderly, visitors and those seeking refuge.

As a community of many cultures and races, we stand for unity in our diversity by expressing our love of God the Father through prayer and worship, through service to one another, through the ministry of welcoming, through evangelization and ecumenism. With the Bishop, we shall pursue this mission faithfully through the example of Jesus Christ, the power of the Holy Spirit and the gifts and talents of our members.” All are welcome today, especially visitors, guests and those who might be new to the community.

## Basilica of the Co-Cathedral of the Sacred Heart

TELEPHONE 304-342-8175

FAX 304-344-3907

### ADMINISTRATION

**Bookkeeper:** Pam Acevedo 342-8175  
email: pacevedo@shccwv.us  
**Office Assistant:** Angela Hodges 342-8175  
email: ahodges@shccwv.us  
**Property Manager:** John Blake 342-8175  
email: jblake@shccwv.us  
**Secretary:** Sheila Kerekes 342-8175  
email: skerekes@shccwv.us

### EDUCATION

**Director of RCIA:** Mike Kawash 549-6453  
Email: mak@ramlaw.com  
**Coordinator of Religious Education:** Sr. Ida Chikara 1-304-709-0026  
Email: idachikara@gmail.com  
**Sacred Heart Early Learning Center:** 6 weeks-2 years  
Andrea Bias, Director 414-5757  
**Sacred Heart Child Development Center:** After School Care  
Crystal Ashcraft, Coordinator 344-1125  
**Sacred Heart Grade School:** K-5/Pre-School (ages 3-4)  
Anne Davis, Principal 346-5491  
**Charleston Catholic High School:** 6-12  
Colleen M. Hoyer, Principal 342-8415

### SACRAMENTS

**Anointing of the Sick, Confession, Infant Baptism, Weddings**  
For information/to schedule any of the above 304-342-8175

### MUSIC

**Music Director:** Mark Haas 342-8175  
Email: mhaas@shccwv.us  
**Principal Organist:** Gregory Gray 380-4786

### OTHER PARISH GROUPS OR MINISTRIES

**Boy Scouts:** Sam Wilkes 546-0614  
**Catholic Charities Office-Family Life Center** 380-0162  
**For information on Catholic Charities**  
**Contact:** Karen or Sam Gross 346-2608  
**Cub Scouts:** Adam Rohrig 276-274-8110  
**Girl Scouts:** Sandi Greenhowe 553-7021  
**Knights of Columbus** -St. Michael the Archangel #12630  
Dick Fauss, Grand Knight 965-6872  
Sam Gross-Faithful Navigator-Fr. Boniface Assembly #1188 346-2608  
**Ministry to Sick/Elderly**  
Sr. Ida Chikara, SJ 1-304-709-0026  
**Mount Olivet Cemetery/Mausoleum** 342-8135  
Wayne Johnson or Sacred Heart Parish  
**Prayer Shawl Ministry:** Wanda Dettinger 344-1181  
**Saint John XXIII Pastoral Center** 342-0507  
**SH Christian Service Committee:** Ron Rushworth 382-7768  
**SH Finance Council:** Cindy McGhee-Chair 342-8175  
**SH Gift Shop:** Antonetta Stevens 415-8132 or Kathy Lamb 344-2011  
**SH Pastoral Council:** Jack Walsh-Chair 533-2298

### Sharing Our Treasure - 3/5/2023

Regular Collection: \$16,923	Candles: \$96
SMILE (Sisters): \$650	Partners in Hope: \$290
Disaster Relief-Turkey/Syria: \$150 (\$6598)	Social Concerns: \$100
Black & Native American: \$20 (\$210)	PHRA: \$375
Catholic Home Mission: \$65 (\$991)	Needy Student: \$290

**Thank you for your faithful generosity.**

### The Holy Sacrifice of the Mass at the Basilica 3rd Sunday of Lent-March 12th, 2023

03/11 Sat. 5:30 pm + Dr. Angel Cinco  
03/12 Sun. 8:00 am + Bahia & Nick Haddad  
10:30am + People of the Parish  
5:00 pm + Jim & Jane Wilson  
03/13 Mon. 8:15 am + **Charles "Ken" Surber**  
03/14 Tues. No Mass  
03/15 Wed. 12:00 pm + Dick Young  
03/16 Thu. 12:00 pm + Purita Estalilla  
03/17 Fri. 8:15 am + Adele Bobinger  
5:00 pm Pray the Rosary  
5:30 pm Stations of the Cross  
03/18 Sat. 5:30 pm + People of the Parish  
03/19 Sun. 8:00 am + Glen Lindeman  
10:30am + Mary Lou Whitlatch  
5:00 pm + Tom & Mary Christina Edwards

### Ministry Schedule-Week of March 18/19

#### Lector Schedule

5:30 PM-Maricel Bernardo  
8:00 AM-1 Rushworth  
10:30 AM-Jason Pizatella  
5:00 PM-Debra Basham

#### Eucharistic Ministers Schedule

5:30 PM Sr. Ida Chikara, Kerri Grant  
8:00 AM Mary Agnes & Rex Kern  
10:30 AM Chloe Flores, Cindy McGhee  
5:00 PM Agnes Smith, Angelita Zamora

**LENTEN GUIDELINES FOR ALL CATHOLICS**-Fasting is to be observed on Ash Wednesday and Good Friday by everyone 18 years and older, who has not yet celebrated their 59th birthday. On a fast day, one full meal is allowed. Two other meals, enough to maintain strength, may be taken, according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but consuming liquids, including milk and juices, is allowed. Abstinence is observed by everyone 14 years of age or older. On days of abstinence, no meat is allowed. Note that when health or the ability to work is affected, the law does not apply. Ash Wednesday, all the Fridays during Lent, and Good Friday are days of abstinence. If a person is unable to observe the above regulations due to ill health or other serious reasons, other suitable forms of self-denial are encouraged.

### **The Pope's Monthly Intention** **March-For victims of abuse**

We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.

## A note from the Rector...

Dear Sisters and Brothers,

Greetings on this Third Sunday of Lent!

As announced last week, Bishop Mark is reinstating offering the Blood of Christ on Holy Thursday, April 6th. To prepare for this return, we will need additional Eucharistic Ministers. Please consider joining or rejoining this ministry. Please attend one of the four training sessions. The dates and times are listed in this bulletin.

We also need more Altars Servers, there are times, we have no servers for Mass. I encourage parents to sign up their children (through the parish office 304-342-8175) to serve at the Altar.

We also need more Ushers. I do ask our current ushers and those wishing to serve to attend a training session at the Basilica on March 16th at 6:30pm.

May you have a blessed Lent. I remain,

In Christ,  
Fr. Don



### Lent at the Basilica

- Regular Sunday and Weekday Schedule
- Friday's during Lent: Members of the Christian Service Committee will Pray the Rosary at 5:00 pm, followed by Stations of the Cross at 5:30 pm.

### Lenten Reconciliation Services

St. Agnes, Charleston, March 16 at 6 p.m.

Our Lady of the Hills, Elkview, March 21 at 6 p.m.

St. Anthony, Charleston, March 22 from 6-7 p.m.

**Basilica of the Co-Cathedral of the Sacred Heart, Chas.,  
March 27, 7 p.m.**

Ascension, Hurricane, March 28 at 7 p.m.

Immaculate Conception, Montgomery, March 29 at 6 p.m.

Sacred Heart Williamson, March 29, 6:30 p.m.

St. Francis, Logan, March 30, at 6 p.m.

Holy Trinity, Nitro, April 5 at 6 p.m.

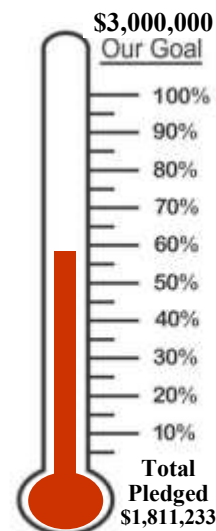


### Priests' Health and Retirement Association Collection This Weekend

The **Priests' Health and Retirement Association (PHRA)**, is a fund that provides health insurance and retirement benefits to retired priests of the Diocese of Wheeling-Charleston. Please take a moment to reflect on the many years of service by our priests and how we can take this opportunity to thank them in a very particular way with a gift to the PHRA Collection.



Scan the QR Code to make a donation with your smartphone



### Eucharistic Ministers of Holy Communion Training Sessions

March 26th—9:30 AM

March 27th—1:00 PM

March 29th—10:00 AM

March 30th—6:30 PM



### RCIA Prayer

Lord, we pray for those in the RCIA process who journey to you.

Strengthen their faith.

Open their hearts to the fullness of your love.

Deepen their understanding.

Set their hearts on fire for the Kingdom of God.

We ask this through Jesus, who is the Way, the Truth, and the Life for all.

Amen

Please keep in your prayers our parish Elect, Crystal Flanigan, Elizabeth Southern and Matthew Thomas and our candidates, Jordan Burgess, Tracy(T.J.) Cook, Sherri Graley, Shannon Holliday, Zachary Mason, Andrew Price, James Renner & Kellie Renner.





## Sacred Heart Grade School News...

SHGS is gearing up for March Madness! We have 2 brackets up and running- reading brackets. In the reading center with Mrs. Price, grades K-2 are listening to 2 books and the winner from week 1 will move on to challenge the winner of week 2. Grades 3-5 are doing the same, but with different books. The fifth graders are doing another version of this "madness" with a 5 step process with book covers, main character interviews, and making a book trailer- just to name a few of the fun tasks that have to be completed to move on! It's a lot of fun. In keeping with the theme of reading, our students in grades K-5 had a visit from WV author Anna Egan Smucker on Friday. We learned how she came up with ideas for stories to write and the process of writing a story. She even autographed some story books for us. What a great week of reading fun! *Anne Davis, Principal*



The Knights of Columbus "**40 Cans for Lent**" **Food Drive** is underway and will run through Easter Sunday, April 9, 2023. The food and donations will benefit the Risen Lord Food Pantry of Clay County, West Virginia. We will accept "Cans" or other non-perishable food or some may wish to make monetary donations by check. \$20 will help buy a ham while \$35 [Inflation!] will provide a meal. Donations may be returned to Post Office Box 11578 Charleston, WV 25339-1578 or the Sunday Collection Basket.

Father Thien who runs the Risen Lord Food Pantry along with a dedicated band of volunteers, is skillful in knowing how to purchase food in quantity and will certainly put any money donated to good use. If you prefer to donate food rather than money, Father Thien's most requested items are 1. Peanut Butter, 2. Canned Tuna Fish, 3. Canned Soup, 4. Any Canned Vegetable, 5. Canned Fruit. Crackers would also be appreciated.

Dear Fellow Catholics,

It's an exciting time to be a young Catholic in West Virginia! The summer of 2023 is an incredible time to lead young people to Christ and His Church. The motto chosen by Pope St. Paul VI for his church life perfectly describes the goal of our camping ministry: to be "with Him on the mountain." Camp Carlo provides an exciting opportunity for young people to encounter Christ and His Church, adventure through God's creation, and grow in their Catholic faith alongside peers from all over the state of West Virginia. We're looking forward to meeting you and your families as we travel the state, work with your parishes, and, hopefully, welcome your children back to another faith filled summer at Blessed Carlo Acutis Youth Camp!

In Christ Our King,

Deacon Raymond Godwin, Camping Director, [rgodwin@frontiernet.net](mailto:rgodwin@frontiernet.net) & Maggie Moran, Camping Assistant Director, [mmoran@dwc.org](mailto:mmoran@dwc.org) Blessed Carlo Acutis Youth Camp, 225 Catholic Conference Center, Huttonsville WV, 26273

### 2023 Camp Carlo Dates

- June 25th – July 1st – Rising 6th graders to 8th graders.
- July 2nd – July 8th – A "catch all week" from 3rd grade through 12th grade.
- July 9th – July 15th – Rising freshmen to seniors in high school.
- July 16th – July 22nd – A "catch all week" from 3rd grade through 12th grade.
- July 23rd – July 29th – "A Camp Carlo Summer Vacation" free program for 7-12 year olds who receive support from the government or Catholic Charities.



Registration Fee is \$275 Early Bird by June 1, 2023- If paying with PayPal, you will be redirected to PayPal once you hit submit. You can either pay with a credit card, or PayPal. There is a \$7.73 processing fee for using this option. If you have any questions feel free to contact Maggie at 757-995-4486.

If paying with a check, please send the registration fee as soon as possible. You can pay multiple registration fees with one check. In the memo, please put "Camp Carlo".

ROSE SOCIETY DINNER, Thursday, April 13, 2023 West Virginians for Life will hold its 25th Annual Rose Dinner on Thursday, April 13 at Lakeview Resort, 1 Lakeview Drive in Morgantown. The keynote speaker will be Jay Sekulow, Chief Counsel for the American Center for Law and Justice. He is an accomplished Supreme Court advocate, renowned expert on religious liberty, a no. 1 New York Times bestselling author, and a respected broadcaster. Reception begins at 5:30 p.m. with dinner at 6:30. Tickets are \$50 each or \$1,000 for sponsoring a table of eight. Other levels of financial support are available. There will be a silent auction. All proceeds go to the tax-deductible WVFL Educational Trust Fund. To register online, go to [wvforlife.org](http://wvforlife.org). For more info, contact West Virginians for Life by emailing [info@wvforlife.org](mailto:info@wvforlife.org) or by calling 304-594-9845.

## Fr. Sadie's "Cogitationes"

A writer to the Gazette Mail (2-24-23) states, "The Christian Community has failed" in its response to the earthquakes in Syria and Turkey and asks if that is because "85% to nearly 100% of Syrian and Turkish people are Muslims." I cannot speak for other "faith communities," but I am acquainted with and proud of the Catholic Church's response.

Shortly after the earthquakes, WV Bishop Brennan directed all WV Catholics to join all U.S. Catholics to pray for (all) the victims and survivors, "85% to 100% of whom are Muslims. He also directed that all Catholic parishes and missions in WV take up a special collection to help (all) survivors, "85% to 100% of whom are Muslims." We Catholics help others, not because they are Catholic, but because we are Catholic.

Pope Francis sent two Archbishops to the area with Vatican aid and personally met the Turkish ambassador to discuss Turkey's needs.

The apostolic nuncio to Syria brought aid to the worst-affected areas and has met with Catholic and Orthodox Bishops, Muslim leaders and members of charitable organizations and religious orders supporting relief efforts. In Aleppo, Syria, all nine Christian Churches, Catholic and Orthodox, formerly called rites, have come to the aid of the stricken population.

Among other groups offering aid are (CRS) Catholic Relief Services, (CNEWA) Catholic Near East Welfare Association, (ACN) Aid to the Church in need, Caritas Syria, Caritas Turkey, male and female religious orders such as Franciscans, Marists, Salesians, Jesuits, Sisters of Charity, the Catholic Melkite Patriarch, and the Syrian, Greek, and Antiochian Orthodox Patriarchs. Other relief groups I know about are (MECC) Middle East Council of Churches, (SAMS) Syrian American Medical Society, (my local Syrian-American Muslim Doctor returned to Syria to help). Catholic and Orthodox Churches and Muslim mosques, capable of doing so, have remained open to house and feed (all) survivors and have worked together to distribute humanitarian aid. The Chaldean Catholic Bishop of Aleppo visited the Imam at a local mosque to offer blankets to the displaced Muslim families. A Catholic Priest in Aleppo has found a sign of hope in this cooperation among faith communities. "The earthquake has united our efforts, erased our differences, mobilized all our capabilities..."

## From our music director...

### A Joyful Psalm #81: Psalm 95

Have you ever had to build furniture from the store? When I get home, I like to start building immediately, so as to not waste the entire day with the hundreds of steps required to complete a chest of drawers. However, if I don't take my time and follow the instructions, I could have to back-track to correct my errors. And then my wife will say, "Did you follow the instructions?!"

The readings this weekend remind us to *follow the instructions*. In the First Reading, the Israelites are wandering through the desert and they begin to grow quite thirsty: "Why did you ever make us leave Egypt? Was it just to have us die here of thirst with our children and our livestock?" (Ex.17:3) God gives Moses *specific instructions*: "Go over there in front of the people...Strike the rock, and the water will flow from it for the people to drink." (Ex.17:3-7) But Moses can't simply *follow the instructions*. Later in the Book of Numbers, we see Moses frustrated with the people. He strikes the rock *twice* in anger. Consequently, God never allows Moses to enter the promised land. (see Numbers 20:11)

As for ourselves, should we hear God's voice in prayer, we should trust in Him who is the "Rock of our salvation." (Ps.95:2). Psalm 95 reminds us to keep faith in the Lord and to not doubt his mighty works: "Oh, that today you would hear his voice: 'Harden not your hearts as at Meribah, as in the day of Massah in the desert, Where your fathers tempted me; they tested me though they had seen my works.'" (Ps.95:8-9)

Trust in the Lord with all your heart (Prov.3:5). Even if His answer is a difficult one. And for heaven's sake, *follow the instructions*.

Mark Haas, Director of Music

# THIRD SUNDAY OF LENT



## Look Deep

All-knowing God,  
you see deep into our hearts  
and understand all that we need.  
Thank you for meeting us  
in the everyday messiness of our lives.  
Look upon us with compassion  
and mercy.

Free us from anything that blocks  
a true relationship with you  
and quench the spiritual thirst  
we carry today.

Pour your love into our hearts anew  
and guide our paths to eternal life,  
through Christ our Lord. Amen.

Sunday, March 12, 2023

God Sees Our Hearts



*Today's readings: Exodus 17:3-7; Psalm 95:1-2, 6-7, 8-9; Romans 5:1-2, 5-8; John 4:5-42.* The Third Sunday of Lent marks the midpoint on our journey from Ash Wednesday to Holy Week. Day by day the invitations to turn our hearts toward God and receive his gifts of mercy and love intensify. The midday encounter between Jesus and the woman of Samaria at Jacob's well amplifies the invitation extended on Ash Wednesday to "return to me with your whole heart" (Joel 2:12).

We can imagine Jesus approaching each new encounter seeking to intuit, "What does their heart need from me?" Jesus immediately perceived the deepest needs of the woman's heart and pivoted the conversation from physical thirst to spiritual thirst. His willingness to ignore the social norms

of the time and speak to her with frank familiarity reminds us that God's invitation to relationship is for everyone, no matter our past, our gender, our ancestry, our place in life.

Jesus reveals his divine purpose to this outcast woman and offers her the hope of eternal life. Our second reading, from the Letter of St. Paul to the Romans, echoes this remarkable promise, "Hope does not disappoint, because the love of God has been poured out into our hearts through the holy Spirit that has been given to us" (5:5).

Throughout Lent, God summons us unceasingly. The woman at Jacob's well represents every one of us. When God looks deeply into your heart today, what spiritual thirst needs to be quenched?





## THIS WEEK AT HOME

### Monday, March 13

#### Look for the Prophets

Prophets are people specially chosen to be messengers of God's Word in their time and place. Our Scriptures tell story after story about the persistence of prophets and resistance to their message. Prophets often surprise us in their simplicity and ordinariness. Take a moment today to look for the prophets God has sent in the here and now. Open your heart to the message they offer. *Today's readings: 2 Kings 5:1–15b; Psalm 42:2, 3; 43:3, 4; Luke 4:24–30.*

### Tuesday, March 14

#### 70 × 7

Today's message cuts right to the heart. Forgiveness is hard. But it is a requirement of discipleship. Jesus calls us to forgive and forgive and forgive again. Take this command to prayer today. Whom do you still need to forgive? It might even be yourself. Write a letter to Jesus specifically naming whom you need to forgive, the reason, and ask for help to take the next step. *Today's readings: Deuteronomy 3:25, 34–43; Psalm 25:4–5ab, 6 and 7bc, 8 and 9; Matthew 18:21–35.*

### Wednesday, March 15

#### Living Witnesses

Pope Francis reminds us that “all of us are called to offer others an explicit witness to the saving love of the Lord” (*The Joy of the Gospel*, 121). No matter our occupation or place in life, we are first and foremost teachers of our faith. We teach with our words, but even more through our actions, gestures, and choices. Our ultimate purpose is to allow our life to speak the faith we carry within. This is how we give glory to God. *Today's readings: Deuteronomy 4:1, 5–9; Psalm 147:12–13, 15–16, 19–20; Matthew 5:17–19.*

### Thursday, March 16

#### Listen to My Voice

The Lord commands, “Listen to my voice” (Jeremiah 7:23). The psalmist echoes, “If today you hear his voice, harden not your hearts” (Psalm 95:7–8). The voice of the Lord that comes to us daily through the season requires our openness. While serious, challenging, and straightforward, our Lord clearly speaks the path of life for us. He tells us how to live, how to love, how to pray, how to give, how to forgive. Do you allow his voice to guide your life? Take these thoughts to prayer. *Today's readings: Jeremiah 7:23–28; Psalm 95:1–2, 6–7, 8–9; Luke 11:14–23.*

### Friday, March 17

#### St. Patrick

Patrick and his monks ministered to the people of Ireland in the early fifth century. The monks based their spirituality on that of St. Jerome and St. Augustine, who affirmed that no person can walk without a guide. The monks practiced an early form of confessional counseling, inviting people to acknowledge their sins and repair the conduct of their Christian lives. This week marks the midpoint of Lent. How are you doing toward creating a clean heart? There is still plenty of time before Easter to seek the sacrament of reconciliation and make needed adjustments in daily choices. *Today's readings: Hosea 14:2–10; Psalm 81:6c–8a, 8bc–9, 10–11ab, 14 and 17; Mark 12:28–34.*

### Saturday, March 18

#### Cultivate Humility

Humility is a virtue that exudes from our very being. The virtue is conveyed with our eyes, with our demeanor, and with our spirit, even before words reveal our true selves. A spirit of humility is cultivated through a life of gratitude for the blessings we have received and with sincere awareness of our dependence upon the generous giver of those blessings. There is always room to grow so we call upon the words of the psalmist in our daily prayer and ask for a humble spirit. *Today's readings: Hosea 6:1–6; Psalm 51:3–4, 18–19, 20–21ab; Luke 18:9–14.*





### **FISH FRY**

Every Friday of Lent  
St Francis of Assisi, St Albans  
on the Corner of 6th Avenue &  
Holley Street in the gym  
5:00-7:00 pm  
\$14/adult, all you care to eat  
Children \$5 (under 12)  
Dine in our carry out  
St Francis School 5th grade  
waits tables

**HELP! Meals on Wheels** is in need of a **Driver** on Monday's. Please consider giving a little of your time for this much needed service. For more information or to volunteer call Helen Scragg at 304-346-5104.

### **Institute for Spirituality Program Offerings**

**Life of the Beloved**, a 5-week Group Spiritual Direction program via Zoom Mondays, April 17th – May 15th from 7:00 – 8:00 pm EST  
Questions: email Jill Gordon at jillgordon98@gmail.com. Through Henri Nouwen's book, *Life of the Beloved: Spiritual Living in a Secular World*, we will explore the great spiritual call of the Beloved which invites us to look at our individual brokenness under the light of the blessing. Donation: \$25 (plus the cost of the book which you purchase on your own). Register: email wvisreg@gmail.com

**Living in the Gap**: Growing in the ability to Respond rather than React via Zoom Thursdays, April 13th – May 4th from 7:00 – 8:15 pm EST  
Questions: email Sally Orcutt, O.P. at sally@sayyes2yourlife.org. In this 4-week program invites we will explore what is at the heart of our knee-jerk reactions. We will learn how to identify the "Gap" which is the space between the moment we begin to feel distressed and our often negative reaction. Our goal is to understand what drives our reactions so that we are more fully able to live "in the gap" and choose how to respond rather than react. Donation: \$70 (all materials provided). Register: email wvisreg@gmail.com

**3-Day Silent-Directed Retreat at WVIS Retreat House** in Charleston, WV. Arrive Monday, June 12th (afternoon) and leave Friday, June 16th at 10:00 am Questions: email PJ Scarr at pjloehrsarr@gmail.com. Using The Hebrew Names of God, you will be directed through a 3-day silent retreat. During this retreat, you will spend time in silence, prayer, spiritual exercises, and daily meetings with a retreat director. Praying the Hebrew Names of God, you will engage in meditation and contemplative prayer rooted in the Sacred Scriptures and the Ignatian Tradition. Donation: \$350 (includes retreat, four nights at the retreat house, and all meals). Register: email wvisreg@gmail.com

### **Eucharistic Prayer III**

The heart of the Mass is the Eucharistic Prayer. We have a variety of prayers to choose from, but they all begin with the Preface dialogue ("The Lord be with you. . . . Lift up your hearts") and end with the Great Amen. The assembly sings several acclamations: the Holy, the Memorial Acclamation, and the Great Amen. But the rest of the prayer is verbalized by the priest. Even though the priest alone speaks the words out loud, all in the assembly join their hearts together in prayer with him.

For many centuries, the Roman Church used only one such prayer, which we now call Eucharistic Prayer I. Immediately after the Second Vatican Council, we added three more prayers to the repertoire. More have followed since. Of those first three new prayers, II and IV were based on texts from the first few centuries after Christ. However, Eucharistic Prayer III was a new composition based on the old forms.

Eucharistic Prayer III has no Preface of its own between the opening dialogue and the Holy. Nearly one hundred different Prefaces may be used to open the prayer. After the Holy is sung, Prayer III starts with the words "You are indeed holy, O Lord, and all you have created rightly gives you praise." The entire opening of the prayer—the Preface, the Holy, and these first lines—all give praise to God.

The rest of the prayer follows a traditional outline. We pray for the coming of the Holy Spirit upon the bread and wine. We remember the mighty deeds of God, especially the events of the Last Supper. We sing the mystery of our faith. We offer our gift to God. We pray for the coming of the Holy Spirit over the assembly. We pray intercessions for the Church's ministers, for the living and the dead. We conclude the prayer with a doxology and Amen.

We often use Eucharistic Prayer III on Sundays and on feasts, especially because the interchangeable Prefaces can identify the significance of the day of celebration.

Bulletin Inserts for the Liturgical Life of the Parish: The Mass  
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## DIocese of WHEELING-CHARLESTON

1311 BYRON STREET  
POST OFFICE BOX 230  
WHEELING, WEST VIRGINIA 26003

March 9, 2023

Dear fellow servants of the Lord,

It has been three years since the onset of the COVID-19 pandemic and my decision, for the health of the Catholic people, to suspend the public celebration of Mass in this Diocese. When we resumed public Masses in late May 2020, it was with various safety protocols in place, one of which was not to offer the Sacred Cup to the faithful. That meant that, in most circumstances, Extraordinary Ministers of Holy Communion were not needed at Mass.

With a notable improvement in the COVID scenario and after consultation with my staff and hearing from many of the faithful, I have decided to restore the distribution of the Sacred Cup at Mass, beginning Holy Thursday, April 6, 2023, the memorial of the Lord's institution of the Eucharist. This also allows time to plan for an orderly implementation of the revival of the ministry of Extraordinary Ministers of Holy Communion.

In accordance with canon law and continuing the tradition of this Diocese, I as your Bishop have the authority to mandate Extraordinary Ministers of Holy Communion for a period of three years at their respective locations. Because three years have now passed since this special ministry was in general use, I am taking this opportunity to renew the process of all EMHCs' training and certification.

Therefore, I ask all pastors and administrators, between now and April 6, to organize and conduct training sessions for all Extraordinary Ministers of Holy Communion. This is also an opportunity to recruit new persons for this valuable ministry. Following the training sessions, pastors and administrators must submit an approved list of those who attended the training, including a sentence or two indicating why this person has been nominated for the ministry. The list should be sent to Mrs. Karen Muenze, secretary of the Office of Worship and Sacraments, at [kmuenze@dw.org](mailto:kmuenze@dw.org). She will update the current diocesan database for EMHCs and issue each of them a new certificate with an expiration date three years hence.

As you conduct the training sessions (one should be enough but schedule more, if needed), please include the following points:

### 1. The Catholic Theology of the Eucharist

The Sacrament is truly Christ's Body and Blood, his Real Presence, the Lord in Person in a mysterious yet genuine way. It is the only Sacrament in which the sign becomes what it signifies: Jesus Christ himself. The Eucharist is both a sign of our unity in faith and love and a means of building it up. The Lord comes to us to strengthen us for our mission to proclaim his Gospel and to work for justice, peace and charity in our world.

### 2. Proper Vocabulary

While Christ comes under the continuing appearances of bread and wine, both clergy and laity who serve as EMHCs should remember that, at the moment in which they and the faithful receive Holy Communion, it is the Lord they receive, not bread and wine. That is why the minister of the Sacrament says to the recipient, "The Body of Christ" and "The Blood of Christ." A too casual use of the words "bread" and "wine" tends to diminish the reality of the Eucharist. Speaking of the Body of Christ and the Blood of Christ reminds us of the reality of what we receive and what we distribute.

### 3. Practical Matters:

- a.) Prior to Mass, be aware of how much wine you will need – probably less when the distribution of the Precious Blood is first being restored – so that there is not too much of the Precious Blood left to consume after Mass.
- b.) All ministers of Holy Communion should sanitize their hands before beginning to offer the Sacrament to the faithful.
- c.) In administering the Sacred Cup, the minister should wipe the lip of the Chalice with the purificator and give the Chalice a quarter-turn after each communicant receives the Precious Blood. All parts of the purificator ought to be used. It is not appropriate that the faithful self-communicate by intinction, for the Sacrament is meant to be *received* from the Lord, with his servant (priest, deacon, EMHC) acting as his agent.
- d.) The priest or deacon should purify the sacred vessels at the altar but it is prudent that someone wash them in the sacristy with hot water and a mild detergent after Mass.

For clarifications or questions about the training sessions or the administration of the Eucharist, please contact Dr. Bernadette Kime, the Director of the Office of Worship and Sacraments, at [bkime@dw.org](mailto:bkime@dw.org); 304-233-0880 ext. 288.

Thank you for your attention to this important matter. May you celebrate the Eucharist with reverence and joy for the good of your people. Have a blessed Lent.

Fraternally in Christ,

+Mark E. Brennan

Bishop of Wheeling-Charleston

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	*WV 2021	**WVCS 2021
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\*Data Source: [wvde.us/wp-content/uploads/2021/08/2021-WV-Summative-Assessment-Results-Release-FINAL.pdf](https://wvde.us/wp-content/uploads/2021/08/2021-WV-Summative-Assessment-Results-Release-FINAL.pdf)

\*\*Data Source: NWEA MAP (Measures of Academic Progress)

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On the third Sunday of each month following the rosary, the Divine Mercy Chaplet will be recited.

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**Now Hiring**-Our Parish has full-time and part-time teacher positions for the Early Learning Center and After-school care programs. Diocesan benefits and salaries commensurate with experience and education. Applicants must be at least 18 years old, have a high school diploma and clear a background check. WVIT and ACDS helpful but not required. Please contact Sheila Kerekes at 304-414-5757 or mail your resume to 1114 Virginia St. E., Charleston, WV 25301.

To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. To report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact the Diocese at 888.434.6237 or 304.233.0880.

### New Mausoleum to be built at Mount Olivet Cemetery-the only Catholic Cemetery in Kanawha County.

The church has consulted with Tim White at Barlow Bonsall Funeral Home to help us get the mausoleum built. You may contact him at (304)342-8135 or his cell phone at (304)395-4824 for more information or to set up a private meeting. This may be done either virtually or in person. Affordable monthly payment plans are available.



*"Lord Jesus Christ, by your own three days in the tomb, you hallowed the graves of all who believed in you and so made the grave a sign of hope that promises resurrection even as it claims our mortal bodies"* – Rite of Committal

For your information, this QR code is a quick way to get to the parish giving page.



Or...

Consider having your church contributions sent directly to the Church from your bank; please contact your own bank to do so. Almost every bank offers this service. If possible please have your parish ID included on the check. Many parishioners are opting to do this.

### Baptismal Preparation Class for First Time Parents

To schedule a baptism preparation class or to get more information please call 304-342-8175.



### Sacred Heart Early Learning Center

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